

**PARISHIONERS COMMENTS**  
**Living Your Strengths**

## **Living Your Strengths Parishioners' Responses**

**QUESTION:** What has been your experience of finding and living out of your five greatest strengths?

### **SOME RESPONSES:**

**“-Learning my five greatest strengths has really affirmed what I already knew. I always wanted to be a teacher - there was never a choice. Then I discovered, I have two strengths that indicate that teaching is a great profession. No wonder I love my work!! Aside from affirmation, I realize that as a *learner*, I need to create opportunities to learn. Since the Spring, I have taken two classes. In addition, to the work-related classes, I am looking forward to a quilting class that starts in October/.”** I’m looking forward to the “Gifts Shop”.

**“I found that knowing my strengths in new language affirmed what I had been aware of as my approach to life and work. I am now more conscious of which of the strengths is operating at one time or another and how it might be working in sync with strengths of my colleagues.”**

**“It has confirmed who I truly am and therefore helped me to live and enjoy my life more than ever.”**

**“Discovering my five greatest God given strengths has given me the confidence to believe that I can be a very useful contributor in fulfilling the needs of my parish family.”**

**“It gave me a better understanding of who I really am. I now know why I do the things I do.”**

**“I am so happy that I took the strengths assessment. It has been valuable to me, not only in my church activities, but also in my personal life. It has given me a better understanding about strengths that I am aware of and has given me insight into talents I never thought I had. I was pleasantly surprised to realize those new talents to be true!**

**I encourage everyone to take the strengths assessment. Have fun. Go for it. You won't regret it!”**

**Living Your Strengths is a very positive experience. It helped me to know and focus on my strengths and gave me an understanding of how I can offer my strengths to others. It is also fun to discover others' strengths and how their strengths compliment mine. It makes working together a whole new experience!**

**When I first received 'MY Strengths', I studied each one in depth. I felt gratitude to my parish for being a part of this unique opportunity, and am determined to develop each in my personal as well as in my ministerial life.**

**Living Your Strengths for me help me to realize that God gives us ALL special gift, Strength finders allowed me to see just where I can apply my gifts for the benefit of myself, my Parish, Family and workplace. It also helped me to understand why I do the things I do.**

**" I'm so grateful to the parish for offering this program. It has been a wonderful exercise of self awareness and of positive self-worthiness. The good news is I can now see myself improving on the identified strengths. Io all I say, try it, you'll like it!"**

**My “Strategic” strength, as my first, has allowed me to recognize and put into practice through the last few months, the closing of the company I worked for, asked to stay till the bitter end sorting and organizing this terrible event, My strength helped me in guiding others, not as fortunate as me, through the transition and allowing me to see the bright side as “one door closes, another opens”.**

**My “Developer” second strength has helped me to recognize and pass on to others, their potential in the above. I feel that I was able to help others through this strength.**

**My “Achiever”, my third strength, has helped me strive ahead and turn this negative phase in my life into a positive and has driven me forward.**

**My “Self Assurance” strength, my fourth, gave me the strength to use my other strengths to their full potential.**

**My “Relator” strength, my fifth, tied in all of the above when dealing with those who are less fortunate in their financial positions in dealing with their loss of employment. I was able to help some get other employment through my many contacts and experience in our business.**

**In conclusion, I feel that all my strengths were put into play, and recognized by me and others during the last few months.**

**We have all been “conditioned” to work on our “weaknesses” and I so appreciate the opportunity to learn more about others as well as myself thru my strengths and this enlightenment (so to speak) helps me “help others” as well as gives my a deeper appreciation of the human spirit.**

**At first I had to look into my inner self and question if the five strengths fit and after meeting with you I agree that they do. When I think about, I realize I am comfortable with it, It is who I am.**

**I was surprised by seeing some hidden strengths that were indicated, and by some I thought I had but were not indicated...**